

Introducing the Wellness Centre. Here, you can revitalize your body and mind in a beautiful and calm atmosphere. It can be the perfect way to prepare yourself for the day ahead, or a way to relax and rejuvenate at the end of a long day of activities at Club La Santa.

## **ENTRANCE FEES (advance booking is not necessary)**

Morning entry (until 13.00h) 18€ | Afternoon entry 18€ | Day pass 25€ | Weekly pass 80€ We have a variety of optional experiences "FLOW" in the Wellness Centre during the morning: natural peeling for the body, face mask,ritual in the sauna, stretch and mobility in the pool and much more! Check out our board at the Wellness Reception

#### **SPECIAL ENTRY:**

Wellness detox: Wellness entry + choose your 100% natural exfoliants: 25 min 35€

Wellness get in shape: Wellness entry+ refreshing leg wraps 25min 35€

**SaunaGus Sessions** - please check the weekly programme and book at the Wellness Centre reception.

### **WELLNESS EVENTS AVAILABLE:**

## **PHYSIOTHERAPY**

Physiotherapy 25min/50 min sessions 41€/66€

### **SPORT TREATMENTS**

Assisted stretching 25min sessions 33€ Kinesio taping 25min 29€ Subsequent sessions 15€ Leg revival 35 Min 45€

#### **MASSAGES**

Deep Tissue massage 25/50min 36€/62€
Wellness massage 25/50 min 35€/61€
Head, neck and shoulder massage 25min 35€
Aloe vera massage 50 min 61€
Children's massage 25min 35€
Hot stone massage 70 min 81€
Bamboo cane massage 50 min 65€

### **AROMATHERAPY**

Energising massage 50min 63€ Serenity aromatherapy massage 50 min 63€ Ayurvedic massage 50/90 min 65€/80€ Mother -to- be 25/50 min 35€/61€

# **ALTERNATIVE TREATMENTS**

Shiatsu 55min 74€ Foot reflexology 45 min 63€ Manual lymphatic Drainage 40/70 min 59€/79€ Underwater massage 40 min 42€ Cupping 50 min 61€

### **BEAUTY CARE**

Sculp zone (abs-buttocks-tights) 1h 88€
Full body exfoliation 100% natural 100% natural 25 min 25€
Waxing from 10€
Manicure & Pedicure Treatments from 10€

#### **RITUALS**

Bio Bamboo Ritual 94€

Lanzarote Ritual (Regenerating) 75€

Mediterranean Ritual (Revitalizing) 75€

Morocco Ritual (ultra-hydrating peeling and wrap) 80€

Club La Santa Ritual 85€

Pregnancy Pamper Ritual 80€

## **FACIALS**

DULKAMARA BIO Active 88€

PHYTOMER Hydra Blue 59€

PHYTOMER Youth Pioneer 65€

PHYTOMER Eyes Perfection €30

PHYTOMER Men's Facial Care 59€

PHYTOMER Teen Facial 59€

PHYTOMER Personalised Mini Facial (after-sun moisturising balance) 38€