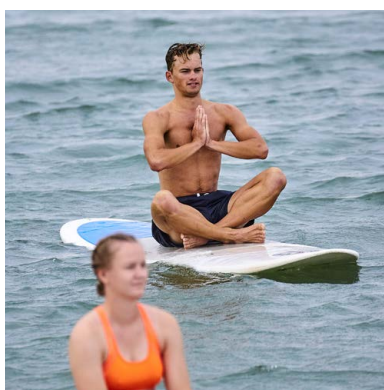


The No.1 Sports & Active Holiday Resort



USEFUL INFORMATION & EXTRAS



#morethanaholiday



Upon arrival at Club La Santa, you will be given an information folder, map of the resort and information regarding the safety deposit box, which is available free within your apartment / suite.

Like all good resorts Club La Santa has an on-going policy of continually upgrading facilities and apartments. Obviously, from time to time, there may be work taking place, during normal working hours. Possible disruption is all kept to a minimum and is not likely to interfere with your holiday.

If a situation should arise during your stay, please make contact with the reception in order for them to try and solve the problem.



PASSPORTS

It is your responsibility to make sure that each member of your party has a valid passport at the time of travel. Please visit the Foreign & Commonwealth Office (FCO) website for the latest information on passports, visas, health, safety and security and more. www.gov.uk/foreign-travel-advice

INSURANCE

VERY IMPORTANT: Club La Santa highly recommends that you have travel insurance.

ARRIVAL AT LANZAROTE AIRPORT - TRANSFERS

- The Club La Santa transfer bus can't be pre-booked. The bus doesn't run all day or everyday, generally just Thursdays and Fridays and some weeks it doesn't run. If there is a bus available at a suitable time then you will have to pay 7.5€ per person on the coach outbound and pay and book in the Guides dept within Sports booking 48 hrs in advance for your inbound transfer back to the airport. The time table is only loaded approx. 2 days in advance and can be [viewed here >](#) You can always contact us on guides@clublasanta.com a few days before arrival to check if there is a bus.
- Or return shared transfer with Club La Santa start from €138.00 for up to 7 passengers.
- Or you can pre-book transfers via our concierge services on the website via A2B transfers, prices start from €57.00 for a return car. <http://clublasanta.resorthoppa.com/>
- Or a airport taxi will cost approx. 35-40€ each way.

ARRIVAL AT CLUB LA SANTA

On your arrival at Club La Santa reception you will be required to hand in your ACCOMMODATION VOUCHER and each member of your party will need to hand in their passport and sign the register form.

RECEPTION

The North Reception is open 24 hours a day. It offers a wide variety of services. If you have any problems with your apartment, please contact the reception, or phone 9, 4109 and 4110.

CHECK IN

Official check in time is at 16:00.

All apartments will check in at the north reception.

South reception for suite check in will be open 09:00-15:00 all days – except Friday when it is 08:00 -18:00. If you arrive during these times please check in at south reception. If you are staying in a suite and arrive outside these hours please check in at the north reception.

DEPARTURE

We kindly ask you to vacate your apartment by 10:00. Please remember to pay any outstanding bills at the reception prior to departure. If you wish to rent an apartment until later in the day ask reception for details and availability after 17:00 on the day prior to your planned departure. There will be showering facilities with lockers and a luggage room available for any person departing on late flights.

LATE CHECK-OUT*

You are able to request a late check out after 17:00 on the day prior to departure with the reception, subject to availability.

APARTMENTS

- Until 14:00 - One bedroom 30€. Two bedroom 55€, Four bedrooms 90€
- Between 14:00 & 16:00 - 10€ per extra hour
- Until 18:00 - One bedroom 60€. Two bedrooms 85€, Four bedrooms 120€
- Later than 18:00 - Can be arranged prior to arrival, by purchasing an extra night through your booking office

SUITES

- Until 14:00 - FREE
- 14:00 - 18:00 - One bedroom 100€, Two bedrooms 140€, Three bedrooms 250€
- Later than 18:00 - Can be arranged prior to arrival, by purchasing an extra night through your booking office
- Saturdays Until 12:00 - FREE
- Saturdays - 12:00 - 18:00 - One bedroom 100€, Two bedrooms 140€, Three bedrooms 250€
- Saturdays later than 18:00 - Can be arranged prior to arrival, by purchasing an extra night through your booking office

SPORTS & ACTIVITIES

INFORMATION TOUR: There will be a guided information tour of 45 minutes, starting in front of Sports Booking, as specified in the weekly programme.

FREE SPORTS EQUIPMENT

The majority of our sports equipment can be borrowed free of charge. Upon arrival, you will receive a key card from the Reception, or alternatively you can buy a re-usable wristband. Then you simply scan your key card or wristband each time you borrow sports equipment.

You can also buy tennis and squash balls, shuttlecocks, t-shirts and a range of accessories.



RESTAURANTS AND BARS

• ATLÁNTICO

Breakfast, lunch and dinner buffet. Open daily from 07:30 - 10:30, 12:45 - 14:45 and 18:30 - 21:30

• LA PLAZA

International menu including pizzas and with Sushi on Tuesdays, and also offers a take away menu in the evenings. Open every day from 18:30 - 22:30

• EL LAGO

Open daily from 08:00-22:00, serving breakfast, brunch, lunch, evening meal and natural smoothies, sandwiches and salads to take away every day. Plus daily fresh bread take away between 08:00-12:00

• SPORTS CAFÉ

Sports bar with TVs showing sports events. Open daily from 17:00-24:00, Happy Hour 18:00-19:00

• CLS ARENA DISCO

Event, bar and disco, playing a variety of music, karaoke Wednesday, family hour 22:00 and 23:00 onwards adults only.

Open Monday & Saturday from 23:00 - late, Wednesday from 22:00 - late, Happy Hour 23:00-00:00

• POOL BAR

Snacks - pizza, sandwiches, salads. Open every day from 09:00-22:00

• GREEN BAR

Saloon-style bar, with games, television showing live sport, music. Open daily from 10:00-00:00
(Bar service from 15:00)

Apartment plans

 Elevator access from ground floor
  Access to all floors in this tower from ground level
  Access to the apartments higher in this tower
  Access to ground floor
  Access to these apartments only from the ground floor

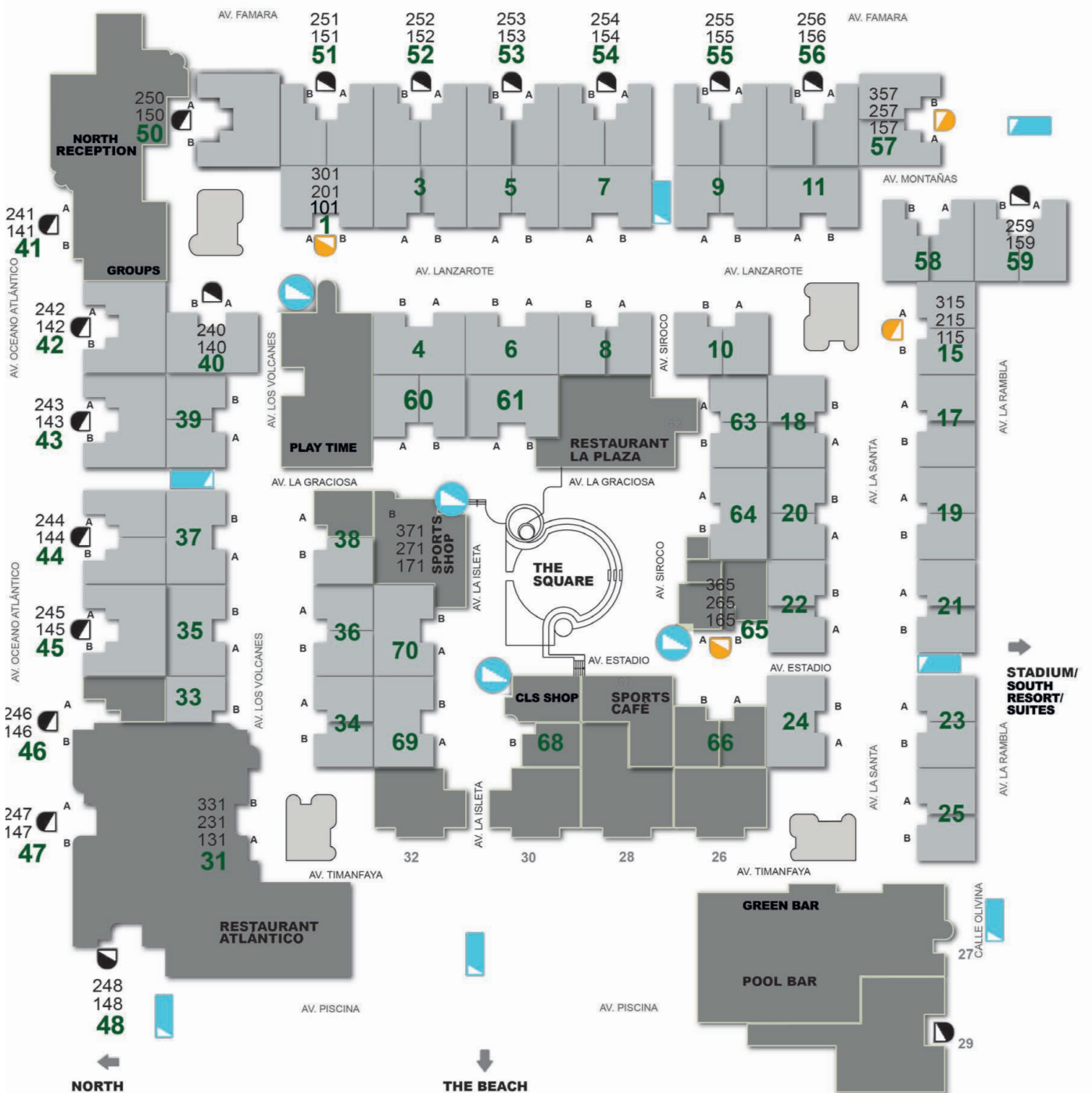
305 Higher level floors

205

105 Actual Floor

A  B  Door

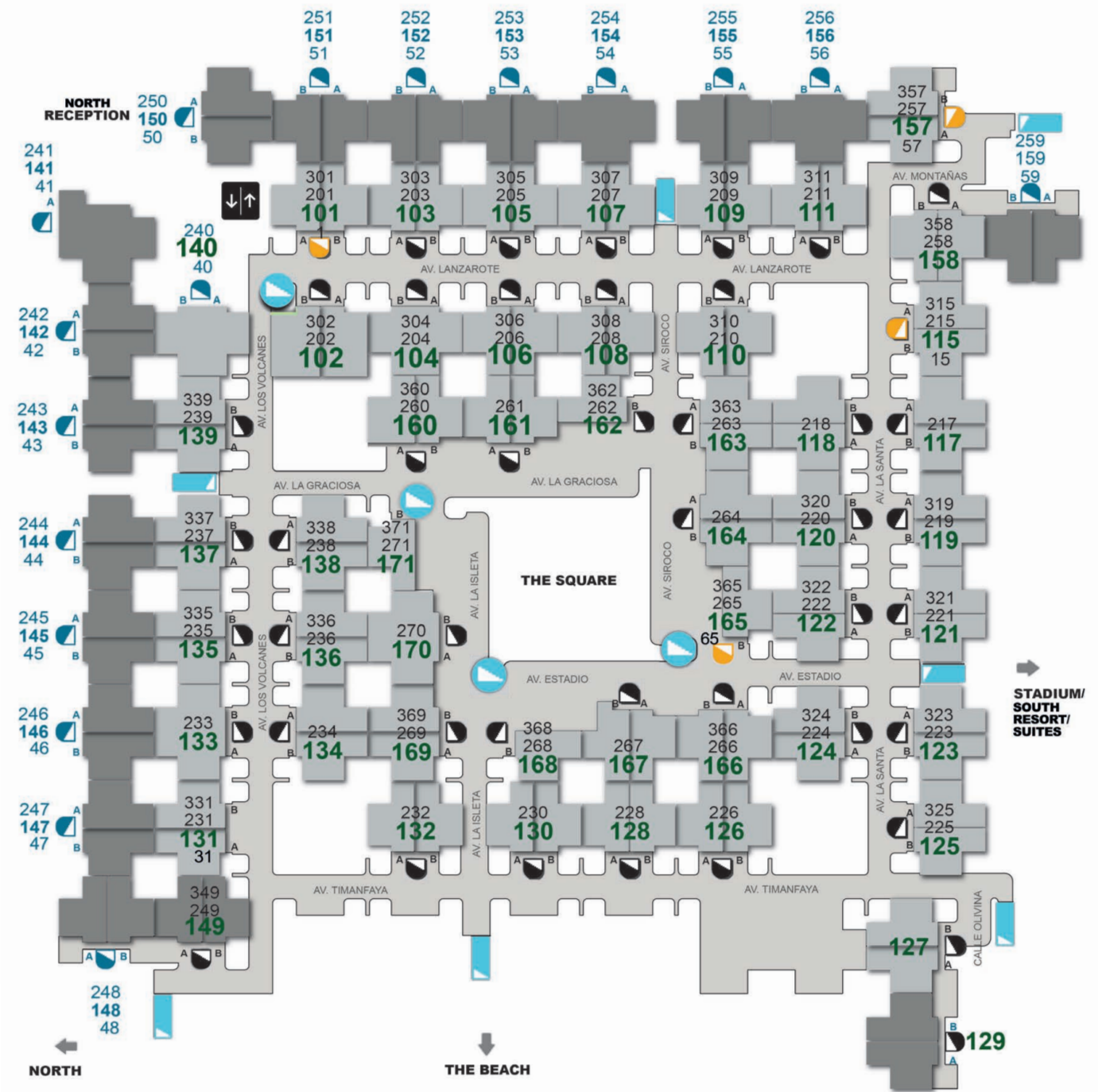
Ground Floor




Apartment plans

 Elevator access from ground floor	 Access to all floors in this tower from ground level	 Access to the apartments higher in this tower	<table border="0"> <tr> <td>305</td> <td>Higher level floors</td> </tr> <tr> <td>205</td> <td></td> </tr> <tr> <td>105</td> <td>Actual Floor</td> </tr> <tr> <td>A</td> <td>B Door</td> </tr> </table>	305	Higher level floors	205		105	Actual Floor	A	B Door
305	Higher level floors										
205											
105	Actual Floor										
A	B Door										
	 Access to ground floor	 Access to these apartments only from the ground floor									

First Floor



Apartment plans

 Access to the North Reception

 South Reception

 El Lago Restaurant

Suites Map





Get Active

- 1 5-A-Side
- 2 Aquatic Office
- 3 Athletics Stadium
- 4 Barpark
- 5 Basketball Court
- 6 Battle Ropes
- 7 Beach Volley
- 8 Bike Centre & Bike Workshop
- 9 Body Bike Room
- 10 Boulderling Room
- 11 Boxing Ring
- 12 CrossFit Area
- 13 Dance Studio
- 14 Dive Centre
- 15 Fitness Centre
- 16 Football Pitch
- 17 Golf Chipping & Driving Range
- 18 Golf Putting Green
- 19 Golf Training Centre
- 20 Laguna (aerobics)
- 21 Mini Golf Course
- 22 North Hall
- 23 North Pool 50m

- 24 Petanque
- 25 Padel Courts
- 26 Running Track
- 27 Slack Lines
- 28 South Hall
- 29 South Pool 50m
- 30 Sports Booking & Guides
- 31 Sports Performance Studio
- 32 Squash Courts
- 33 Table Tennis
- 34 Tennis Courts
- 35 The Lawn
- 36 TRX®
- 37 Volcano
- 38 Watersport Centre

Relax

- 39 CLS Arena Disco
- 40 El Lago restaurant
- 41 Green Bar
- 42 Hopscotch & Twister
- 43 Kids Playground
- 44 Kids Pool
- 45 La Plaza Restaurant
- 46 Leisure Pool

- 47 Open Air Chess
- 48 Play Time
- 49 Pool Bar
- 50 Restaurant Atlántico
- 51 Sports Café
- 52 The Square (Live Shows)
- 53 Wellness Centre
- 54 2xTreatment rooms (Wellness)

Services

- 55 2xATM cash machine
- 56 Bus stop
- 57 Business Conference Centre (south)
- 58 Changing rooms
- 59 Club La Santa Shop
- 60 Conference Centre (north)
- 61 Conference Room Jameos
- 62 Doctor/ AZ Sport Clinic
- 63 Events Office
- 64 Groups & Conferences
- 65 Hairdresser
- 66 ITSO Lounge
- 67 ITSO Office
- 68 Laundry

- 69 Luggage
- 70 Osteo 43 Clinic
- 71 Photo Shop
- 72 Rent-a-car
- 73 Sally Walker (Goodlife)
- 74 Self-service laundrette
- 75 Sports Shop
- 76 Supermarket
- 77 Taxi Rank

- Information
- Dining
- Beverages
- Parking
- Reduced Mobility Parking
- AED/Defibrillator
- First Aid Kit
- WC
- WC (Limited opening hours)
- WC Reduced Mobility
- WC Reduced Mobility (Limited opening hours)
- Leisure Pool/Beach/Wellness
- Access Reduced Mobility



Introducing the Wellness Centre. Here, you can revitalize your body and mind in a beautiful and calm atmosphere. It can be the perfect way to prepare yourself for the day ahead, or a way to relax and rejuvenate at the end of a long day of activities at Club La Santa.

ENTRANCE FEES (advance booking is not necessary)

Morning entry (until 13.00h) 18€ | Afternoon entry 18€ | Day pass 25€ | Weekly pass 80€

We have a variety of optional experiences "FLOW" in the Wellness Centre during the morning: natural peeling for the body, face mask, ritual in the sauna, stretch and mobility in the pool and much more! Check out our board at the Wellness Reception

SPECIAL ENTRY:

Wellness detox: Wellness entry + choose your 100% natural exfoliants: **25 min 35€**

Wellness get in shape: Wellness entry+ refreshing leg wraps **25min 35€**

SaunaGus Sessions - please check the weekly programme and book at the Wellness Centre reception.

WELLNESS EVENTS AVAILABLE:

PHYSIOTHERAPY

Physiotherapy 25min/50 min sessions 41€/66€

SPORT TREATMENTS

Assisted stretching 25min sessions 33€

Kinesio taping 25min 29€ Subsequent sessions 15€

Leg revival 35 Min 45€

MASSAGES

- Deep Tissue massage 25/50min 36€/62€
- Wellness massage 25/50 min 35€/61€
- Head, neck and shoulder massage 25min 35€
- Aloe vera massage 50 min 61€
- Children's massage 25min 35€
- Hot stone massage 70 min 81€
- Bamboo cane massage 50 min 65€

AROMATHERAPY

- Energising massage 50min 63€
- Serenity aromatherapy massage 50 min 63€
- Ayurvedic massage 50/90 min 65€/80€
- Mother -to- be 25/50 min 35€/61€

ALTERNATIVE TREATMENTS

- Shiatsu 55min 74€
- Foot reflexology 45 min 63€
- Manual lymphatic Drainage 40/70 min 59€/79€
- Underwater massage 40 min 42€
- Cupping 50 min 61€

BEAUTY CARE

- Sculp zone (abs-buttocks-tights) 1h 88€
- Full body exfoliation 100% natural 100% natural 25 min 25€
- Waxing from 10€
- Manicure & Pedicure Treatments from 10€

RITUALS

- Bio Bamboo Ritual 94€
- Lanzarote Ritual (Regenerating) 75€
- Mediterranean Ritual (Revitalizing) 75€
- Morocco Ritual (ultra-hydrating peeling and wrap) 80€
- Club La Santa Ritual 85€
- Pregnancy Pamper Ritual 80€

FACIALS

- DULKAMARA BIO Active 88€
- PHYTOMER Hydra Blue 59€
- PHYTOMER Youth Pioneer 65€
- PHYTOMER Eyes Perfection €30
- PHYTOMER Men's Facial Care 59€
- PHYTOMER Teen Facial 59€
- PHYTOMER Personalised Mini Facial (after-sun moisturising balance) 38€



With a video analysis-based instruction, our coaches review footage of you doing your sport to help you improve your technique and performance.

See our video analysis and performance services below.

SWIM VIDEO ANALYSIS

Analyse your stroke technique and refine training methods.

Let us check your body rotation, breathing and strokes filming your performance in the water.

Price - 1 person 60 minutes: 99€ | Get a 25 minutes follow-up meeting after 48 hours for 25€

RUNNING ANALYSIS

Let us take a look at your long-term run fitness.

Get your running style checked with a video analysis.

Our sports instructors will help you improve your running technique to prevent injuries.

Price - 1 person 60 minutes: 99€

BASIC FITNESS PROGRAM (1-4 WEEKS)

Book a Green Team instructor to personalise a general fitness program for you. This fitness program is designed for beginners and intermediates to use for 1-4 weeks. The fitness package consists of:

- 30 min consultation with the Green Team member
- 55 min to go through the program in the Fitness

Price - 1 person 99€

(The two times need to be booked on two different days in order to be able to prepare the program.)

TAILORED FITNESS PROGRAM (4-12 WEEKS)

Book a guest specific fitness package which can be structured in any way to suit your needs, whatever your goal may be. The program can be designed to last up to 12 weeks and consists of:

- 30 min consultation with the Green Team member
- 55 min to go through the program in the Fitness

Price - 1 person 149€

(The two times need to be booked on two different days in order to be able to prepare the program.)



BIKE INFORMATION

All Road and Mountain bikes that are inclusive of resort price have pedals fitted that are flat on one side and Shimano SPD on the reverse. We can fit Look Classic (Delta), Look Keo, Shimano SL or SPD mountain bike pedals for no extra cost, or if you prefer to bring your own pedals and saddle the bike mechanics will fit these for you.

Additional to Road and Mountain bikes, there is a large selection of children's bikes available which ranging from balance bikes for young children to road bike bikes. Hybrids / City bikes are also available and these can also have child seats fitted for children.

PLEASE NOTE: Bikes inclusive of resort price are available via the Club La Santa App for 3 hour time-slots.

BIKE HIRE

In addition to our inclusive bike hire, you can now book and pay online to have a bike upgrade for the full duration of your stay or your chosen rental period. Minimum rental period is 3 consecutive days. Prices start from 25€ per day with additional days after the first week starting from 14€ per day.

The current models of rental bikes are:

- Cannondale SUPER SIX EVO Ultegra models, 44, 48, 50, 52, 54, 56, 58, and 60cm
- Cannondale Synapse Ultegra 44 and 48cm.
- E-bikes: Cannondale Mavaro
- Stevens Volt: Pro Level Triathlon Bike. Available sizes: XS, S,M,L,XL

BIKE HIRE - ONLINE BOOKING

[Click here to book and pay for your bike online in advance of your holiday >>](#)

Bikes can be collected from the Bike Centre after you have checked in. You will need to bring your Photo ID and apartment keycard in order to collect the bike.

BIKE HIRE - AT THE RESORT VIA THE CLUB LA SANTA APP

If you are already on the resort, you can now also enjoy the option of booking and paying for a bike upgrade via the Club La Santa App in the section 'INFORMATION' before proceeding to the Bike Centre to collect your booked bike.

ROUTE MAPS - VIA THE CLUB LA SANTA APP

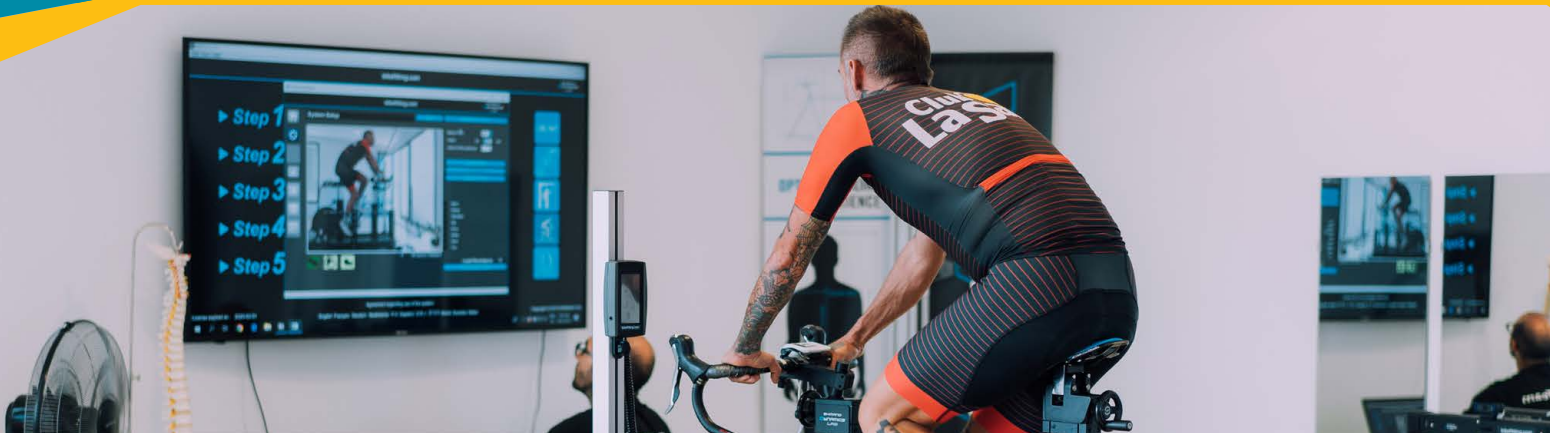
You can access maps and routes on the Club La Santa App for bike rides from the resort.

There is also a link on the App's 'Maps and Routes' page to Club La Santa STRAVA CLUB where you can research routes, create discussions and organise to meet with other guests during your holiday.

[Click here to find out more about the Club La Santa App >>](#)

BIKE HELMETS

Please note that Spanish law states that all clients must wear a cycle helmet, whilst cycling both on and off road on the Island of Lanzarote. Clients that are taking their own bike must take their own cycle helmet. Bike helmets are only provided for the hire bikes at Club La Santa.



Our specialist team of bike fitters can help you to achieve optimal comfort and maximised performance using the very latest bike fit technology.

IN STATIC BIKE FIT

- Static Measurements are being taken as an efficient and effective procedure to find the matching bike based on accurate and reproducible anatomical measurements of the rider.
- Measurements allow accurate calculation of saddle height, reach, handlebar width.
- Measurements can be input into the extensive bikefitting.com database which translates those numbers to over 60 brands and 3000 frames to determine the correct bike.
- Printout of the measurement report available as a summary.

Price - 1 Person 45 mins: 29,99€

DYNAMIC BIKE FIT

All elements of Static Bike Fit included PLUS:

- Enhanced postural assessment, joint ranges, muscular flexibility and strength and injury history.
- 3D-Video analysis to record pre & post bike fit positions.
- Motion analyser which incorporates body-specific data, joint freedom, muscular flexibility checks to further optimise bike position.
- Shimano Dynamics Lab-technology ensuring the most exact Realtime Biometric Analysis.

Price - 1 person 2,5 hours: 169€

PEDAL STROKE ANALYSIS

- 3D Pedalling Analyser enabling an in-depth assessment of performance.
- Power output measurements including the direction of force applied to the pedals at every 7 degrees of the crank revolution, both left and right.
- Analyse left/right imbalances.
- Insight into how effective a rider's pedalling technique is.
- See everything in REAL-TIME.
- Recommendations can be given for changes in cleat adjustment and potential insole requirements based on the findings of the analysis.

Price - 1 Person 1,5 hours: 99€

ALL-INCLUSIVE PERFORMANCE PACKAGE

- The All-Inclusive Performance Package includes all aspects of Static Bike Fit, Dynamic Bike Fit and Pedal Analysis.
- A comprehensive report summarising all components to the session is included with recommendations for Flexibility, Mobility and Strength.

Price - 1 person 4 hours: 269€



In addition to our group swimming instructions, through our Aquatic Centre, we can work with you to discuss your needs and help correct your swimming. We can offer you a range of Personal Instructions, which are suitable for any swimmer - beginner, intermediate, elite, open water or triathlete.

MAKING A BOOKING

Individual guests can only request Personal Instructions upon arrival in Sports Booking due to limited availability. Groups must make a request through the Sales Office or Groups Department in advance of their arrival, as there are a limited number of instructors available.

- Injury and Rehabilitation
- Training for Triathlon
- Learning to Swim
- Improving your Technique
- Video Analysis
- Children's Intensive Swimming
- Open Water Swimming
- National / Elite Coaching
- Group Coaching
- Diving and Competitive Starts, Turns and Finishes

Scuba Diving and Snorkelling at Club La Santa



At Club La Santa you will find La Santa Diving a 5 Star PADI Dive Resort, offering scuba diving and snorkelling www.lasantadiving.com.

La Santa Diving is an international team of experienced, multilingual, professional PADI instructors led by the now legendary "Diver Johnny", who has been owner of La Santa Diving for over 30 years. Always accompanied by our professional and caring staff, at La Santa Diving safety is paramount and everything is conducted in a safe and secure environment. And La Santa Diving has all the necessary for you to enjoy the underwater world whether you are a beginner or an experienced diver. All equipment, transport and insurances are included in the price.

SNORKEL SAFARI

Our calm clear waters around Puerto del Carmen are perfect for exploring the beautiful underwater world. Equally suitable for beginners and experienced divers alike, and perfect for families (kids from 8 yrs. old are welcome) Experience the fantastic underwater world on a snorkel safari, in a beautiful sheltered cove in Puerto del Carmen. Here you can explore up to 30 distinct species of fish, including squid, crabs and parrot fish. Our instructors will provide basic instruction and guidance and will look after you whilst in the water. The wetsuit will keep you warm and buoyant, so you can just relax and enjoy the many coloured fish. Snorkel Safari is a lovely excursion and experience for the whole family.

SCUBA DIVING

La Santa Diving offers a wide range of diving courses for both beginners and certified divers. For those wishing to try scuba diving for the first time there are regular schedules Discover Scuba dives where you can try scuba diving in the pool at Club La Santa, perfectly situated right outside the Dive Centre. Discover Scuba is available for all ages from, 8 yrs. and over. Afterwards is the option to take your first scuba experience in the calm, clear waters of Puerto del Carmen by taking a Discover Scuba Dive where you get the chance to enjoy exploring the undersea environment in a safe and fun way with one of our experienced instructors. For certified divers, La Santa Diving has excursions for all levels of diver to a variety of places in Lanzarote, all featuring unique nature. When diving with our experienced instructors all equipment, transport and insurances are included in the price. If it is a while since your last dive, then you can take a short refresher course so, you can get the best out of your dive, calmly and safely.

La Santa Diving is also one of the divers centres approved to take visitors to the recently opened Atlantic Museum <http://www.lasantadiving.com/pages-diving/underwater-museum-lasanta-diving-lanzarote.htm>

For those who want to qualify as a diver or continue their diving education there is a wide range of PADI courses, from Open Water level to Assistant Instructor.

For more information go to www.lasantadiving.com or email info@lasantadiving.com



Sally Walker

YOUR HORMONE EXPERT

*Happy hormones.
Happy life.*

MEET SALLY WALKER DURING YOUR STAY AND GET AN OVERVIEW OF YOUR HEALTH AND HORMONAL BALANCE

Hormones like testosterone, estrogen cortisol, thyroid and insulin dictate your weight, body composition, performance, recovery, mental capacity, mood, looks, figure and much more

During your stay you can join one of Sally's workshops or book a personal session to get an overview of the strategies you need to reach your goals.

WORKSHOP - BODY SHAPE - 15€ Where are you storing fat and why? Do you have good muscle and bone strength. Join Sally and learn how to get the Body Shape you desire

WORKSHOP - WOMENS HORMONE BALANCE AFTER 40 - 15€ Stay sexy, passionate and vibrant through menopause and beyond

WORKSHOP - MEN MAINTAIN POWER AND PERFORMANCE AFTER 45 - 15€ Learn about testipause and stay slim and strong, physically and mentally.

WHAT PEOPLE ARE SAYING ABOUT THE WORKSHOPS:

"First time I really understand why my body is doing what its doing and how to fix it - thank you" - Sue, UK

"Sally empowers you with information you can take home and use, with great results" - Mark, UK

For more information and booking check the Club La Santa App under Sport & Health Talks

2 HOUR PERSONAL PROFILE - FOOD, HEALTH & HORMONES - 130€ is all about you, your lifestyle, your habits, your symptoms, your hormones and more. All strategies and guidelines are based on your particular goal and needs, such as burning fat, building muscle, fixing hormone imbalances, stress, digestive problems, and much more.

For more information and booking email sally directly: sw@sally-walker.com



At Club La Santa we love kids and teens and they love us. So why not to enhance that bond even more? We have expanded our programme for all kids and teens in the age 3-15 years. We want to involve a wider age range of children and improve the activities offered by making them more age specific, incorporating more interaction between the children and motivating the children to stay physical active.

OUR KIDS AND TEENS PROGRAMME IS OFFERED THROUGH PLAY TIME, FUN TIME AND YOUNG TIME.

PLAY TIME is the activity club in the morning for 3-10 years old, where the Green Team is supervising the kids and organise social and physical activities and games.

FUN TIME is the afternoon activity program for 3-10 years old. The activities are split into two age groups (high/low season dependent) which challenge the children in an educational way by using social and motor skills.

YOUNG TIME is our activity program for 10-15 years old. There will be various team building activities providing challenges and allowing new friendships to be made.

[Click here to see more about the rules and conditions and download the full programme >>](#)

All activities are announced in the weekly program and in our Club La Santa Sports Booking app that can be used during your stay. During your stay you must sign up for all kids and teens activities in advance via the app or in Sports Booking.

PARENTAL RESPONSIBILITY

A parent or guardian needs to accompany the children to Play Time / Fun Time to sign them in at the beginning of each morning. Children cannot stay if they enter alone. As part of the signing in procedure parents/ guardian must give us their contact number and / or a specific location within the resort so that we can contact them in case of accident or emergency. For this reason, one parent/ guardian must remain on the resort. The parent/ guardian needs to sign out the child before leaving Play Time / Fun Time. It is strictly forbidden for children to leave without the parent/ guardian and permission of the Green Team.



Club La Santa Excursions

Please note that Club La Santa reserves the right to alter these tours and prices are subject to change.



Fire Mountains
Monday 09:00–13:30
Price: €30.00€ / €25.00

The Timanfaya National Park is the island's top tourist attraction – this trip through the heart of the volcanoes is a must! After visiting Timanfaya, the tour continues to El Golfo on the south west coast. The black sand beach is nestled within a volcanic crater, half of which has been eroded by the sea. This has created striking rock formations and a green emerald lagoon coloured by microscopic organisms it contains. The tour finishes with a trip to one of the bodegas in the La Geria wine region, where you can sample some local wines.

Includes: Official guide, entrance to Timanfaya. Return transfer from Club La Santa.
What to bring: Comfortable shoes, sun cream, water and a camera.



Catamaran Sailing
Winter: Wednesdays 09:45–16:30
Summer: Wednesdays 08:45–15:30
Price: €70.00 / €53.00

Come aboard on the luxury "Catlanza" catamaran and sail from Puerto Calero along the south coast of Lanzarote to the famous white beaches of Papagayo. On arrival, you are welcome to take a swim in the crystal clear waters. We have a slide and snorkel equipment on board for guests to use, as well as a jet ski ride available for those looking for more of an adrenaline rush. Lunch is served on board and you will also have about an hour to enjoy Puerto Calero marina on our return. (Children can join on request)

Includes: Return transfer from Club La Santa, lunch on board, soft and alcoholic drinks throughout the trip.
What to bring: Swim wear, sun cream, a towel and a sweatshirt.



Surf School
Every day 09:30–14:30
Price: €50.00

Learn to surf or improve your surfing in an action-packed day on the magnificent Famara beach, on some of Europe's best waves with the prestigious La Santa Surf Procenter School. Using special foam boards designed for beginners, our professional instructors will introduce you to the real fun of surfing. The instructors are also happy to coach those who have surfed before. You must be able to swim min. 50m. Min. age 8 years (those under 14 must be accompanied by a person over 16).

Includes: Return transfer from Club La Santa, all surfing equipment including wet suits and a picnic lunch.
What to bring: Water and some high-factor sun cream.

More information and booking:
Guide office (08:00–17:00)

Email: guides@clublasanta.com
Tel.: 0034 928 599 995 #4431

Excursions must be booked by 15:00 on the previous day.

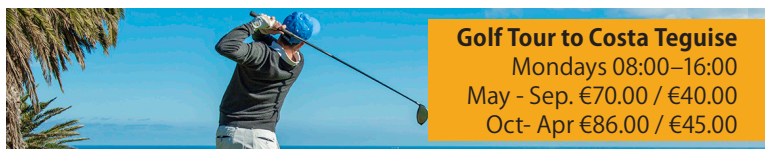


Volcano Walk - Fire Route
Mondays 09:30–14:00
Price: €40.00

Visit the outskirts of Timanfaya National Park and walk among the volcanoes with our official guides, José Luis and Raquel, for an experience you will never forget! Explore a small part of this impressive volcanic region as our guides explain a little about the history of the area, the volcanoes and the various lava formations. The scenery is truly unique. This is an easy walk over a distance of around 6 km. Minimum age: 9 years.

Includes: The price includes a small snack and return transfer from Club La Santa.

What to bring: Please wear closed shoes (trainers or walking shoes), a wind breaker, and bring sun protection and water.

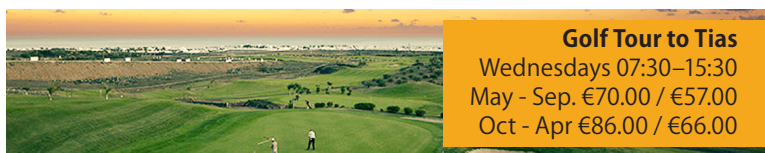


Golf Tour to Costa Teguisse
Mondays 08:00–16:00
May - Sep. €70.00 / €40.00
Oct - Apr €86.00 / €45.00

Join this advanced golf tour to the well-established Costa Teguisse Golf course. This 18-hole course was designed by British landscape architect John Harris and opened in 1978. The fairways are surrounded by over 3,000 palm trees and are set at the foot of a volcano, with fabulous views across the Atlantic Ocean. The unique volcanic landscape and layout add a variety of challenges in this professional course, which is designed to be both smooth and varied. You need a golf handicap/license to join this trip. (Recommended max HCP. 36)

Includes: Return transfer from Club La Santa, 18 holes and green fees.

What to bring: The required dress code states: closed shoes, polo or high neck shirt, smart trousers or shorts. Remember sun cream and a hat.



Golf Tour to Tias
Wednesdays 07:30–15:30
May - Sep. €70.00 / €57.00
Oct - Apr €86.00 / €66.00

Join this advanced golf tour to the most recent of the Lanzarote's two golf courses. It's a modern 18-hole par 72 golf course, situated between Puerto del Carmen and Tias. Surrounded by volcanoes, it offers uninterrupted views where you can play golf while contemplating the majestic Atlantic ocean and Lanzarote's extraordinary landscape. (Recommended max HCP. 36)

Includes: Return transfer from Club La Santa, 18 holes and green fee.

What to bring: The required dress code states: closed shoes, polo or high neck shirt, smart trousers or shorts. Remember sun cream and a hat.



Sea Kayak
Wednesdays 09:00–13:00
Price: €55.00

Come and join us for a paddle on the Atlantic Ocean. Enjoy the culture and nature of Lanzarote from a sea kayaker's perspective. Discover Arrecife and its six bridges, reefs, lagoons, castles & beaches. Alternatively, explore the protected coastline in the south of the island that is only accessible from the sea.

You should have some basic kayaking experience & being able to swim.

Includes: Return transfer from Club La Santa and guided sea kayak tour.

What to bring: Towel, swimming costume, sun cream and a hat.



Volcano Walk - (8–10km)
Saturdays 14:00–17:00
Price: €12.00

Join us and explore the volcanic area surrounding Club La Santa with our Green Team guides. The walk starts at Club La Santa and takes us mostly off road to some of the nearby volcanoes. When you reach the top you will be rewarded with stunning panoramic views. We'll enjoy our snack and have some time to relax before returning. The total walking distance is about 8–10km at a relatively brisk pace. Minimum age: 9 years.

Includes: The price includes a small sandwich.

What to bring: Please wear closed shoes (trainers or walking shoes), and bring a wind breaker, sun protection and water.

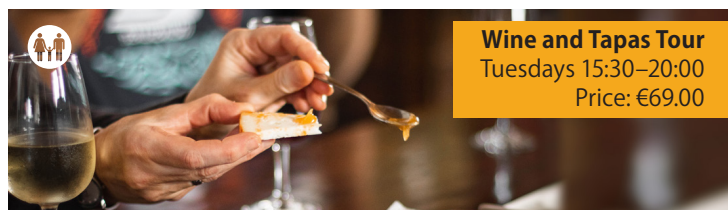


Volcano Walk - Wine Route
Wednesdays 09:30–14:00
Price: €40.00

Visit the fascinating wine region of La Geria with our official guides, José Luis and Raquel. This truly unique landscape is dotted with thousands of semi-circular walls in black lava rock, surrounding hollows that each contain a single vine. Learn more about local grape-growing methods and visit one of the best bodegas in Lanzarote, where you can sample some wine and buy some to take away. This is a moderately-paced walk over a distance of around 12km. Minimum age: 9 years.

Includes: The price includes a small snack and return transfer from Club La Santa.

What to bring: Please wear closed shoes (trainers or walking shoes), bring a wind breaker, sun protection and water.



Wine and Tapas Tour
Tuesdays 15:30–20:00
Price: €69.00

Join us for a walk around three beautiful and very different vineyards. Taste six local wines and some authentic Lanzarote goat's cheese along the way. You will gain an insight into the unique farming methods and the farmers' constant struggle against adversity, against the spectacular backdrop of Timanfaya National Park. Traditional Canarian tapas are also included in the tour. Please let us know if you have any special dietary requirements on booking. We have space for max 8 persons on the tour (Min. age is 12 years - Under 18 years won't be served alcoholic drinks).

Includes: Return transfer from Club La Santa, wine and tapas.

What to bring: Warm clothes and closed shoes.

Photos by: James Mitchell, Turismo Lanzarote & Touristicket



Teguse Market
Sundays 09:00–13:00
Price: €15.00 / €12.00

Come and discover the hidden treasures of Teguse, the old capital of the island, and visit the Sunday Market. As you navigate the old cobbled streets you will be able to enjoy some of the island's finest architecture. The market is by far the best place to buy souvenirs and gifts to take home. There are literally hundreds of stalls selling a huge variety of jewellery, ceramics and art, leather goods and clothing, toys, glass, and much more.

Includes: Return transfer from Club La Santa.

What to bring: Comfortable shoes, cash, wear sun protection.



Beach & Shopping in Puerto del Carmen
Tuesdays 09:15–14:45
Price: €15.00

Join us on this trip to Puerto del Carmen where you can visit the beautiful beaches, or do some shopping on the beach front or in the Biosfera Plaza shopping centre, which houses four floors of shops and restaurants. There are also a wide range of restaurants with sea views. If you wish to explore further, the old town harbour and the "Playa Chica" beach are just five minutes walk away. There you can try jet ski, parasailing, fly board etc. The 6km-long Playa Grande beach, with its clear waters and golden sand is also just minutes away.

Includes: Return transfer from Club La Santa.

What to bring: If you want to visit the beach remember your swimwear, sun cream, towel and a hat.



Go-Karting
Mondays 14:00–17:30
Price: €48.00

If you like speed and adrenalin, this is the tour for you! Every Monday we have our very own Grand Prix at the Go-Kart track- with a prize for the winner of course! Three practice laps, three qualifying races, a semi final and a grand final, so lots of time in the kart.

Min. age 16 years/140 cm (Children under 16 years can go in junior-karts, but won't be allowed in the Grand Prix).

Includes: Return transfer from Club La Santa, a Grand Prix race and a prize for the winner.

What to bring: A long sleeved shirt, closed shoes and sun protection.



Rancho Texas Lanzarote Park
Tuesday 09:15–14:45
Price: €35.00 / €25.00

This theme park and zoo, based on the old American Wild West, is home to a wide variety of animals including exotic birds, crocodiles, dolphins, Komodo dragons and stunning white Bengal tigers. Enjoy live shows including birds of prey as well as playful dolphins and sea lions. Children can go on a pony ride or canoe on the lake, interact with animals in "Lilliput" or go wading in pools of "Splash Zone Water Corral". There's also a chance to interact with the sea lions or the dolphins, ask our Guides for more information.

Includes: Return transfer from Club La Santa and park entrance.

What to bring: Comfortable shoes, sun protection, a hat and cash. Bring swimwear if you wish to enjoy the pools.

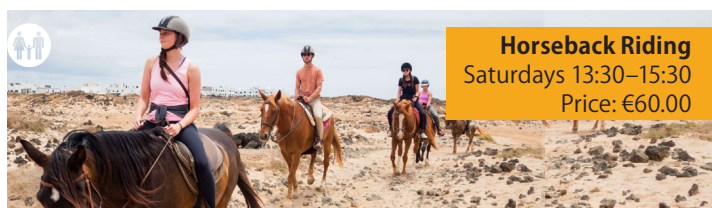


La Graciosa
Tuesdays 07:30–14:00
Price: €55.00

This exclusive tour takes you through the beautiful scenery of Lanzarote's northern region on our way to Orzola harbour. Two spectacular ferry trips on the Atlantic Ocean, and a stunning trekking adventure (total of 9.4 km) along the coast to a beach where you can relax and go for a swim. We'll have time for a coffee/drink on our return to the harbour. "You don't need to travel halfway around the world to enjoy the simple charm of the sort of island you'd expect to find in the Pacific. It's possible to play- Cast Away- here every month of the year. It's a drop dead gorgeous island" Jack Montgomery, Travel blogger.

Includes: Return transfer from Club La Santa, ferry, natural park trekking pass, guide, water and a sandwich.

What to bring: Good walking shoes, windbreaker/sweatshirt, sun cream, cash and swimwear.



Horseback Riding
Saturdays 13:30–15:30
Price: €60.00

The horseback riding excursion takes you on a 1½ hour ride in the surroundings of Club La Santa. Ride along the coast and enjoy the beautiful scenery with views of the coast and the spectacular volcanic landscape. This excursion is for everyone, from advanced riders to complete beginners. You must be 6 years or older and if you are under 12 years old you will need to be accompanied by an adult. Max. weight 130 kg.

Includes: 1½ hour horseback riding, helmet.

What to bring: Long trousers.

More information: clublasanta.com
Guide office: 08:00–17:00 - guides@clublasanta.com
Excursions must be booked by 15:00 on the previous day.

Additional Information & Extras

ADDITIONAL INFORMATION & PRE-BOOKABLE EXTRAS (unless previously booked & paid for)

BOARD ARRANGEMENTS

You can upgrade from self-catering basis to any of following:

Winter 19/20 & Summer 2020 - Valid until 31/10/20

Breakfast £11.00 per adult per day	£5.50 per child per day (6-14yrs)	FREE for child up to 5 yrs
Lunch £12.50 per adult per day	£6.25 per child per day (6-14yrs)	FREE for child up to 5 yrs
Evening meal £16.00 per adult per day	£8.00 per child per day (6-14yrs)	FREE for child up to 5 yrs
Half board £24.00 per adult per day	£12.00 per child per day (6-14yrs)	FREE for child up to 5 yrs
Full board £32.00 per adult per day	£16.00 per child per day (6-14yrs)	FREE for child up to 5 yrs

Winter 20/21 - Valid from 1/11/20

Breakfast £12.50 per adult per day	£6.25 per child per day (6-14yrs)	FREE for child up to 5 yrs
Lunch £13.00 per adult per day	£6.50 per child per day (6-14yrs)	FREE for child up to 5 yrs
Evening meal £18.00 per adult per day	£9.00 per child per day (6-14yrs)	FREE for child up to 5 yrs
Half board £27.00 per adult per day	£13.50 per child per day (6-14yrs)	FREE for child up to 5 yrs
Full board £35.00 per adult per day	£17.50 per child per day (6-14yrs)	FREE for child up to 5 yrs

Christmas supplement - Evening meal, half board & full board (on top of regular optional extras prices)

Christmas Eve 2020 - £12.00 per adult per day, £6.00 per child per day (6-14yrs), FREE for child up to 5 yrs

New Year supplement - Evening meal, half board & full board (on top of regular optional extras prices)

New Years Eve 2020 - £14.00 per adult per day, £7.00 per child per day (6-14yrs), FREE for child up to 5 yrs.

NOTE: CHILDREN UNDER 6 YEARS ARE FREE WHEN ACCOMPANIED BY A FULL PAYING ADULT

SPECIAL BREAKFAST/ HALF/ FULL BOARD OFFER

Eat for 5 days in Restaurant Atlantico plus optional 'a la carte' dining:

2 dinners* in El Lago or La Plaza (half/ full board only) **2 breakfasts**** in El Lago (as part of all board options)

2 lunches*** in El Lago (full board only)

*12€ discount/adult & 6€ discount/child off the final dinner bill (excludes Mon & Wed in La Plaza and Thurs in El Lago)

** 8€ discount/adult & 4€ discount/child off the final bill for breakfast

*** 10€ discount per adult & 5€ discount/child off the final bill for lunch

Please make your reservations directly with the restaurant.

LATE ARRIVAL PACKS

For those people arriving at the resort on a late flight, we can arrange for a late arrival pack with essential items in, to be available for at reception upon arrival, for an extra charge. Cost: 12 Euro (max 3 people)

PERSONAL INSTRUCTIONS

- 55 MINUTES x 1 PAX = 40.00 Euro • 55 MINUTES x EXTRA PERSON = 10.00 Euro
- 25 MINUTES x 1 PAX = 25.00 Euro • 25 MINUTES x EXTRA PERSON = 5.00 Euro
- GROUP PERSONAL INSTRUCTION- PLEASE CONSULT YOUR AGENCY FOR COSTS.

CAR HIRE

You can reserve cars from Club La Santa or Arrecife airport. Please visit our website to book car hire from the Club La Santa: www.clublasanta.co.uk/leisure-wellness/holiday-extras-and-rent-a-car



THE CLUB LA SANTA BOOKING APP

Easy booking in the palm of your hand!

Club La Santa offers a modern solution for booking of activities and facilities during your stay. The Club La Santa Sports Booking App is available for IOS and Android and it makes bookings easy and available at all time. An intelligent point system ensures that all our offers are shared in a fair and easy way.

The app is available for clients at the resort only. Please contact Sports Booking after check-in in reception to receive your username and password or a QR-scan code for anonymous login.

As the lead booker in your party you can share your login with the people you are living with and you will be able to book on behalf of each other. Bookings will be open for you after check in at the hotel reception.

[CLICK HERE TO FIND OUT MORE >>](#)

Get the overview

Our Weekly Programme is a timetable showing all Sports Activities, Events, Excursions and Entertainment Programmes for the week. You can book via the app or in the Sports Booking.

[CLICK HERE TO DOWNLOAD THE UP TO DATE WEEKLY PROGRAMME >>](#)